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Recipes

CREAMY POPPY SEED DRESSING WITH FRESH FRUIT -or- SPINACH SALAD

DRESSING

**1/3 cup whipping cream
1/3 cup sour cream
1/3 cup mayonnaise
2 Tbsp. sugar
2 Tbsp. poppy seed
2 Tbsp. lemon juice
2 Tbsp. orange juice concentrate (frozen)
1/4 tsp. salt**

your favorite fruit

-OR-

**12 oz. curly spinach
1/2 fresh pineapple, cubed
(or 8 oz. pineapple chunks, well drained)**

Preparation:

**With Magic Wand™ or hand mixer combine all Dressing ingredients.
(Keeps, covered airtight, for 1 week in refrigerator.)**

Serve over your favorite fruit

-OR-

Line a salad bowl with 5-6 paper towels. Wash and dry spinach. Remove stems and tear into bite-size pieces on top of towels. Cover airtight with plastic wrap and refrigerate until serving time. Before serving, remove paper towels; toss spinach with drained pineapple cubes and enough dressing to coat. [Boston or Bibb lettuce may be substituted for spinach.]